

Bredon Covid-19 Neighbour Support Co-ordinators

Thank you for the great response. Many have joined their local WhatsApp group or got in touch with us by phone or letter. Following on from the first leaflet, here is an update:-

We now have some idea of where we might be able to help and those who are volunteering to assist others which is great...and indicative of the fantastic community we live within 😊

However, there are many of our neighbours who are now self-isolated, at risk of this or potentially will struggle to cope. Please be assured that we will endeavour to help you should the need arise.

- We have already provided some lifts for critical appointments for individuals who cannot safely use public transport.

If you need to self-isolate

- We are ready if you have any difficulty getting shopping.
- We are aware of local companies that are putting together options for deliveries of food or ready meals for the freezer etc (more details to follow).
- We can collect prescriptions from the local surgery for you, if they are made aware.

On the flyer previously received you will have local contact details for your location, however if you have mislaid it, please contact Neville King on 07592 041958 who can provide.

If you consider that you are at risk please retain this information, even if at this stage you are not actually requesting any support.

If assistance is needed, you can place a request into your local whatsapp group or ring the contact number given previously if you prefer. If your neighbours are able to help that is great, but if not, the request can hopefully be solutioned between the co-ordinators as we believe we have 100% coverage of Bredon and some of the neighbouring communities.

So do please get a message to us by any method available to you and we shall of course see what is possible and practical.

We recognise this is a developing situation which some will find challenging. In order to maintain wellbeing and health, should you wish to have regular phone conversations with one of our many volunteers please do let us know.

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness, avoid physical contact and wash your hands regularly. Any items we deliver to you can be left on your doorstep and we can simply ring the bell to advise they are there...

Always Please Keep Calm and Carry On.....